

## **NHS Prescription Charge**

The NHS prescription charge will increase to £9.90 on May 1<sup>st</sup>. Those not exempt will be charged the new price when collecting medication on or after this date even if the prescription was generated before May 1<sup>st</sup>.

The pre-payment certificate charge will also increase from May 1<sup>st</sup>:

- £31.28 for 3 months this will increase to £32.05
- £111.60 for 12 months this will increase to £114.50
- HRT £19.30 for 12 months- this will increase to £19.80

If you receive one or more items each month you would be better off purchasing a pre-payment card for the year which will cover all of your prescriptions including any extra you may require such as anti-biotics.

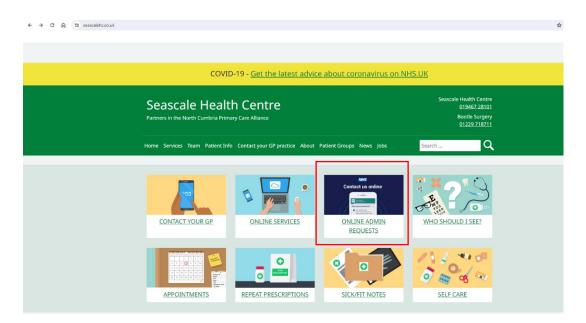
You can visit the NHS prescription costs for more information.

# Contact us online-

We are trying to get patients to use our website (<u>https://www.seascalehc.co.uk/</u>) for any online admin requests you have instead of using the NHS app. The admin requests that we accept via the website are as followed-

- Doctor's letters,
- Fit (sick) notes,
- Test results
- Referral follow-up
- Prescription Queries
- Anything else admin related.

Please see example below on how to use -



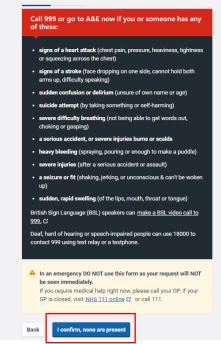
### **Outside of core hours**

Seascale Health Centre is unable to take Medical Requests this service, this service is only for Admin requests such as Doctors letters, Fit Notes, Prescription Requests etc.	
For urgent help, contact your GP. If they are closed, visit NHS online & or call 111. In an emergency call 999 &	111
What would you like help with?	
Admin query	
This includes: fit (sick) note, test results, repeat prescription or anything else admin related.	→
Online advice	
See NHS advice and guidance on conditions, symptoms and treatments,	C
Self-referral	
Refer yourself to local services.	7
I need more urgent help	
Use NHS 111 online, or call 111	<b>→</b>

#### Admin query

### Confirm this is not an emergency

#### Adults Children



<ul> <li>Doctor's letter</li> <li>This includes: private, insurance, educational letters etc.</li> </ul>		Admin query Who is this r	equest for?
Fit (sick) note Tell us if you need a medical statement about your fitness to work.		Myself	Someone else
) Referral follow-up	L	Back Continue	
) Repeat prescription			
) Test results			
) Something else			
ack Continue			

### Admin query Your details

Back

Continue

Provide details so we can identify who this request is for.

First Name		
Minnie		
Last Name		
Mouse		
Date of birth		
For example 26 2 1956		
Day	Month	Year
01	01	1965
		L
Postcode		
CA20 2RN		
Your phone number A mobile number is prefe	erred.	
How would you like to b While we do our best to possible		
🗹 Text message		
Phone call		
Do you want to verify yo This will help process yo O Yes, verify	ur request faste	
	_	

# Review request before submitting Your request will be sent to: Seascale Health Centre Seascale Health Centre, Gosforth Road Seascale, CA20 1PN 8 Minnie Mouse Date of birth: 01/01/1965 Phone number: Postcode: CA20 2RN Query: Fit (sick) note Have you previously had a note about this?: No Briefly describe your illness or medical problem: Broken foot When should the sick note start?: 16/04/2024 When should the sick note end?: 17/04/2024 Can your employer do anything to help you return to work sooner?: Work from home Contact method preference: Text message Back Submit request



### What happens next?

The practice will review your request within 3 working days

For urgent help, contact your GP. If they are closed, visit NHS 111 online or call 111. In an emergency call 999 C

How was your experience with this request form?

NHS

North Cumbra

CUMBRIA

Accurx created this form and regularly seeks feedback to improve it. Click here to share your thoughts with them.

# CUMBRIA HEARING AID DROP-IN **AT WHITEHAVEN**

Advice on hearing aid maintenance / looking after your hearing aids, including re-tubing and batteries.

The 3rd Friday of every month, 2024. Friday 19th January, Friday 16th February, Friday 22nd March, Friday 19th April, Friday 17th May, Friday 21st June, Friday 19th July. 10am - 12pm

#### Where?

United Reformed Church, The Market Place, James Street, Whitehaven, Cumbria, CA28 7HZ.

Contact us Tel 01768 868510 Text 07872 400078 / 07545 540182 Email cumbria@bid.org.uk

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## **Training Afternoon-**

There will be no training afternoon this month.

## Seascale Pharmacy Reminder-

As from the 1<sup>st</sup> of March 2024 there is no pharmacists on the premises on Saturdays. This means prescriptions cannot be collected and over the counter medication will not be available for purchase. The shop side of the pharmacy will be open as normal.



Most pharmacies can help you with seven common conditions without needing a GP appointment

NHS Providing NHS service

# Speak to your pharmacist if you suspect you have: Sinusitis Sore throat

- Earache
- Infected insect bite
- Impetigo
- Shingles
- Urinary tract infection

Visit your **Pharmacy First!** 

